

Tenant Guide to Damp and Mould

Damp and mould in the home can be a health hazard, causing respiratory problems and exacerbating allergies. Bield will investigate all reported instances of damp and mould to establish the cause. Structure, outstanding roof and gutter repairs, insulation or ventilation issues can be contributory factors. This quick guide explains how you can also help to prevent damp and mould issues within your home.

How you can help to prevent damp



and mould



Air your property regularly

Open windows regularly to make sure your property is wellventilated. Even when it's cold, moisture gathers in the home so opening the window allows some of this moisture to escape.

Use a dehumidifier

A dehumidifier is a great way to take the moisture out of the air, especially if you dry your clothes indoors. You can buy an inexpensive one from a local hardware store or online.

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Dry clothes in a ventilated room

Don't dry your clothes over a radiator. Dry clothes on a clothes airer in a well-ventilated room. Open a window or use a dehumidifier to minimise the spread of moisture indoors.



Turn on heating

Running your heating can avoid cold spots, dry out damp and lower the chances of getting mould.



Grow moisture-absorbing plants

Some plants such as peace lilies, tillandsia, palms and ferns can absorb moisture and pollution from the air. Some ferns thrive in damper rooms such as kitchens and bathrooms.



Close doors

Keep bathroom or kitchen doors closed when having a shower or bath, or when cooking. This will prevent moisture from spreading to other parts of your property.

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Look out for leaks

If you see a leak, you should report it to us as soon as possible so we can deal with the problem swiftly. In the meantime, use a bucket or bowl to collect any drips and make sure to keep surfaces dry with a mop or towel.



Use extractor fans

Run your bathroom extractor fan when having a shower/bath. Use your kitchen extractor fan to disperse moisture and cooking smells. In the absence of extractor fans, open a window to allow the moisture to escape.



Remove clutter

Remove clutter and avoid overfilling your rooms, wardrobes and cupboards as this can cause damp and mould to grow and spread. Check behind furniture regularly for signs of damp or mould developing.



Wipe away condensation

Cleaning the condensation from windows and frames every day will minimise the spread of black mould. You can simply use a rag or towel to wipe away condensation.

How to clean damp and mould spots

Damp commonly occurs in bathrooms, on exterior facing walls and around window and door frames. Keep an eye on these problem areas and clean the moisture and damp regularly to minimise your chances of getting black mould or mildew. If you see mildew or mould forming, use gloves and a face mask before cleaning. When working with cleaning products, always follow the manufacturers' instructions. Ventilate the room well and dispose of any cloths that you have used to clean mould after using.

If there is a more ingrained mould problem, such as in a bathroom or on an exterior wall, please contact us.

Reporting damp and mould issues

You can contact us to report an issue in a variety of different ways. Our Property Team will respond during normal office hours (Monday-Friday, 9.00am to 5.00pm).

