

CELEBRATING 50 YEARS

1971 - 2021

Past & Present

04

Behind the scenes

80

30 years of friendship

13

Well wishing letters

18

Message from the Chair

Welcome to this very special edition of the bulletin which finds us marking an important milestone, the start of our 50th anniversary celebrations.

Despite the obvious changes that come with 50 years, one thing we can say with pride that has been a constant over the years has been Bield's commitment to providing quality housing for older people in Scotland. In fact, the things we stood for in 1971: our vision, purpose, values and ambition have remained to this present day. Being caring and honest, treating everyone equally and with dignity is just as meaningful now as it was 50 years ago.

The only slight difference today is that we have added and recognised how important kindness is to us all - especially this past year. We felt so strongly about the importance of kindness that a decision was made to include it within the stated values we hold.

In the last edition of the bulletin you will have read about some

Dr Lesley Holdsworth

examples of the many acts of kindness across the organisation, and indeed there are many more to celebrate in these pages. We have so many people to be grateful to for their contribution and dedication to Bield and our customers, so a big thank you to all for your continuous efforts.

We know 2020 has been challenging for us all but one thing the board has really missed this year is being able to visit developments and actually speak with customers and staff in person.

I appreciate that this was a poor substitute but I wanted to talk with our development managers to reinforce how much we as a board are aware of the efforts made in difficult times. In the autumn of 2020, I spoke on the phone with many development managers and can't express how impressed I was with how each and every one of them talked about things that were important to them - the safety and well-being of their customers and staff.

The stories of staff and local communities going the extra mile with kindness and efforts to keep everyone safe and happy, were just so impressive. It's times like these that we are constantly reminded of the things that make us human and bring us together.

I know that many of you have started to plan how we can come together over this year to mark our 50th anniversary. The board is looking forward to joining you, renewing old acquaintances and making new ones.

You can read about some of our memories from over the last 50 years in this Bulletin and please be assured, we will be continuing this theme throughout 2021 so expect more!

As we start to emerge from this difficult time, please keep yourself and loved ones safe. I'm so optimistic for the future and it's wonderful to see light at the end of the tunnel and the birthday celebrations to come!

Our Vision A Scotland where people of all ages are respected, can make their own choices, and are able to lead independent and fulfilling lives.

Our Purpose

To improve the quality of life of older people by offering a diverse range of housing, care and other services.

Our Ambition

We want to be the best at what we do and we want our people to realise their potential.



Message from the Chief Executive

It is particularly gratifying to be celebrating this anniversary as we mark the vital housing and care services that Bield has delivered for older people throughout the years. With a particular focus on providing accommodation that allows thousands of older people across Scotland to live happy, independent lives in their own homes.

Bield grew from humble beginnings, starting out with one housing development in Bo'ness to become a major provider of housing and care services for around 20,000 older people across 23 local authority areas – one of the pioneers in our field.

As we take a trip down memory lane to 1971 when Bield first opened its doors, one thing that has remained consistent through the years is the need to adapt and change. Bield today is a very different organisation to the one it was even a decade ago, but so are our customers. The external environment in which we operate has a significant impact on how we deliver services both now and in the future. The main change has been the development of new technology, the housing sector has gone through an enormous evolutionary process over the last 50 years, and we have had to adapt in order to keep up. We are involved in several initiatives that help to keep Bield in step with the modernisation agenda. We are working with Tec Scotland to look at how staying in touch with our customers regularly by phone and talking about what they need to stay well and living

independently can improve peoples quality of life and enable them to engage in activities within their own communities. We are also committed to the transfer to digital services to make connecting with people in their homes a priority.

This past year has showcased just how much we pull together when times get tough, the acts of kindness displayed by staff and customers alike has been tremendous, and for that we will be forever grateful - I'd personally like to thank each and every one of you for helping to keep our community safe during this challenging time for all.

Reflecting on the long history of this company, I'd like to acknowledge our wonderful staff and customers and in particular the customers who work tirelessly to plan activities and oversee small projects that enhances your local development and communities.

Although we might not be able to celebrate our 50th Anniversary quite like we would have hoped, we look forward to bringing everyone together again, as and when it is safe to do so. Until that time comes, we would love for you to join Bield in celebrating its golden anniversary virtually throughout 2021 – I'm hopeful we will have many in person celebrations to come.

To all of our customers, staff and board members, I look forward to celebrating this milestone with you, and as we move forward from this difficult period please continue to be kind to one another and stay safe.

While we will reflect on the history of Bield throughout 2021, we will most importantly be looking towards a brighter future, and I'm excited to see what the next 50 years will bring for the housing industry.

Here's to another fantastic 50 years!



Past & Present

Bield take a trip down 50 years of operating in the housing sector

PAST

The history of Bield is one that exemplifies the very best of Scotland's inclusive, caring and supportive culture.

Our commitment to providing accommodation that allows thousands of older people across Scotland to live happy, independent lives in their own homes is underpinned by the experience, dedication and passion of our staff and volunteers.

We are so proud of everybody who has made a contribution in support of our commitment to create a long-lasting legacy of care to benefit whole communities right across Scotland.

Since 1971 Bield has provided vital housing and care services for older people and this statement continues to be true in 2021.

Did you know that Bield was first called Help the Aged Housing Association with our first office in Main Street, Falkirk. We evolved our name from Bield Housing Association in 1974 to finally settling on Bield Housing & Care.

Dean Court, Bo'ness was our first development in 1974 and future developments were opened by royalty, politicians and famous faces – with Princess Anne opening Greenacre Court.

Providing services to older people has dramatically changed over the last fifety years and we have remained at the forefront of a wide range of improvements to meet the needs of an ever-growing older population.

To survive and flourish we have had to face considerable financial challenges and have bravely embraced change so that we can continue to evolve to provide vital services to Scotland's older people.

At times this has meant making some very difficult decisions: in 2017 we had to close all of our care homes in Scotland due to loss in funding.

This distressing and challenging decision meant that we had to quickly evolve to become property landlords equipped to provide a huge range of services and support to residents and staff alike. We are proud that we are now one of Scotland's largest non-for-profit providers of housing and support services - in over 5400 properties - to over 20,000 older people in Scotland.

We work tirelessly with our partners to develop and extend care provision across Scotland.





PRESENT

Fast forward 50 years, Bield now has three offices in Edinburgh, Glasgow and Dundee – employing over 600 staff and volunteers.

Bield grew from one development in Bo'ness to over 180 developments and 33 Owner Services across the country with our most recent being Fleming Place in Edinburgh.

We have risen to meet the many revolutionary changes in technology over our 50 years.

From extensive computer systems, to specialist apps to support contractors and even the ability to provide remote viewing via WhatsApp – we are constantly looking to harness technological breakthroughs to improve, develop and expand the housing services we offer.

Our brand promise of 'Free to Be' is still informing every decision we

take. Since 1971 we have kept our promise that older people should have the freedom to make their own choices and be free to live as independently as possible.

A promise which, thanks to the experience, dedication and passion of our staff and volunteers we are uniquely placed to bring to life in the past, present and future.



FUTURE

Over the last five decades we have overcome so many challenges and learned so much we have been able to remain at the forefront of providing quality care to older people across Scotland.

We have been blessed with hundreds of amazing staff and volunteers and thank you all in helping us to maintain our tradition of delivering compassionate excellence in all we do.

It is with great excitement and enthusiasm that everybody at Build is looking to the future to develop and expand on all that we provide for decades to come.

Looking back on 29 years of Bield's changing technology

When Linda Lee started as an office junior back in 1992, Bield didn't even have an email address, never mind any kind of IT system. All documents were typed up manually on a typewriter and repairs were sent to contractors once a week via post, meaning it could take up to a month for maintenance to be completed.

Fast forward 29 years later and Bield now operates in the throws of technology. Its Keystone Mini system, introduced in 2018, is an interactive management app designed specifically for Bield staff and contractors which is easily accessible on phones and tablets in the format of a web-based browser application.

Keystone Mini provides instant access for maintenance contractors to view site requirements before attending a development, streamlining a process which previously would have required a contractor to attend the site and conduct a risk assessment before working.

The app has transformed the way maintenance is carried out in Bield properties and is a million miles away from the manual systems in place back in 1992.

Linda, now Asset Management Officer, said: "When I first started with Bield, everything was done manually. We used to type up all the repairs on the office typewriter and post them off once a week – it took us a really long time.

"We didn't even have a repair line back then and unless repairs were urgent, it could take a few weeks for them to be completed.

"Works orders now go by email instantly to the contractor, development manager and the customers. It's something that used to take days to get processed, that can now be done with the click of a button.

"We were lucky enough to secure the Keystone Asset Management System back in 2018. The system has totally transformed efficiency for customers, staff and contractors. It means contractors can get in and out quicker and our customers experience minimal inconvenience."

At the moment Bield operates with 70 contractors and over 30 service contracts. The Keystone Mini platform allows for seamless communication between development managers, customers and contractors.









However, as great as technology is, we're all really looking forward to getting together in person again. One of the best things about Bield is its sense of community.

Linda added: "It took Bield a while to get caught up with the technology, but now we're really in amongst it.

"At the moment were updating our housing management system from CTX to CX and looking to introduce iPads in the communal areas so that customers can complete surveys and maintenance reports easily.

"Technology has been a saving grace during the pandemic and has been great for keeping us connected to customers and other staff. Zoom and WhatsApp are definitely things I think we'll continue using post-Covid.

"However, as great as technology is, we're all really looking forward to getting together in person again. One of the best things about Bield is its sense of community."

Bield's up-to-date technology and bespoke systems, reflect its core ethos of improving the lives of Scotland's older people through innovative changes to housing and care services.

With many exciting changes afoot for 2021, Bield is set to continue paving the way for the modern housing provider model.

If you wish
to donate or
raise money for
Bield contact
hello@bield.co.uk



Behind the scenes

SENIOR MANAGEMENT TEAM

> Val Hunter, Director of Business Development



Paula Rice, Director Finance & Resources



BR24



- Emergency pull cord monitoring
- Personal Alarm units
- Daily Contact Service / Sure Call
- Medical Reminder Service
- Out of Hours Repairs
- Secure Door access Service
- Lone Worker Monitoring
- Safe walking / GPS for People with Dementia

Telephone: 0141 950 1025

ALLOCATION'S

To contact Housing Applicant Enquiries housingapplicantenquiries@bield.co.uk or https://www.homeforyou.org.uk/





HISTORY

Bield have been managing services for owners since the Mid -1980's. In the early stages this mainly involved being appointed as Managers by the Developers who were keen to have our experience in managing housing for older people. We also became involved in some partnership working with individual Developers which allowed other models of retirement housing to be created where there was a mix of outright and shared ownership properties.

In 2000, a dedicated team was established to manage the service for owners as there major changes to property law being introduced which allowed owners to make decisions to change Managers. The new Team was based in the Glasgow office and provided services to 14 developments throughout the Country.

Following an internal reorganisation, the Owner Services
Team took over responsibility
for all low cost home ownership
within Bield and we also actively
pursued new management
opportunities. This resulted
in a number of developments
transferring to Bield from other
Factors. We have also built new
shared ownership developments
in Bearsden, St Andrews and
Lenzie. We also provide a
management service to 2 other
Charities who provide housing.

Currently we provide services for over 1,000 customers in 33 developments throughout Scotland.

Our latest addition has been Mitre Court in Glasgow which transferred the management service to Bield on the 1st January 2020. We had agreed major changes in the type of service to be delivered with owners but Covid-19 has impacted our ability to meet and discuss these with the owners.

The staff team of 4 members (3 based in Glasgow and 1 in Edinburgh) are supported by our colleagues in Property Management, Service Contracts, Development, Finance, ICT & Human Resources.



Oakburn Park Wee Betty's Bistro

Wee Bettys Bistro started in 2014 The idea of the evening was that people living with dementia and their loved one or family could enjoy and evening out with the security of staff being on hand if required. Staff would serve a 3 course meal and everyone brought their own bottle

The bistro was named after Betty this is her on her 101th Birthday. We celebrated with a big party and a buffet set for a queen. All the service users got together and made her a big banner saying OOR QUEEN BETTY 101 TODAY. we sang with the entertainer and danced and jived all day. We had a big birthday cake with lots of candles which we all enjoyed with a cup of tea at the end of our day.



Logo competition winner

Our logo competition winner 10-year-old Millie Blair from Larbert who took part in Bield Housing and Care's competition to design a logo for its 50th Anniversary celebration and took home the prize of a £100 voucher.

Lynne Douglas, Chief Executive choose the winner for her bright and colourful design, stating it will make people smile was one of the main reasons for being selected over 20 other designs.





Garden project helps volunteer blossom into the team

Steven Lambie began volunteering at Bield's Crosshill Gardens in August 2018, visiting once a week to plan social events before taking up a more permanent position at the development as of October 2020 in a housing assistant role.

The 36-year-old would host tea parties and social gatherings in the communal lounge and took some customers on afternoon trips to a local garden centre. He then introduced a successful garden project, which became a fundamental part of the community – especially during lockdown.

The garden project is one of Steven's proudest achievements, after he spent hours planting shrubs and flowers and sorting the garden to create a welcoming space for customers to enjoy.

He added: "I've always been a people person so working at Bield and being able to interact with a wide variety of people and a range of characters is the perfect role for me – albeit the circumstances are challenging at the moment.

"The garden project will always stick in my mind, as the day we finished, around 20 customers came outside to enjoy the area we had worked hard on in the sunshine – this led to a small garden party and it was just lovely to see them interacting with one another. The manager also commented that she hadn't seen so many sitting outside before.

"It also became a vital area to get fresh air during lockdown and it was extremely fortunate that we had spent time renovating to ensure there was a safe and comfortable area for customers to relax.

Bield development

"I've really enjoyed my time at Bield and can't wait to see what the next few years will bring for the housing industry."

During lockdown, Steven – along with the rest of the team at Crosshill Gardens – looked to cheer customers up at every opportunity by leaving treats outside their doors, and having conversations with the customers from a distance.

Steven has been connected with the development since its opening in 1986 after his great grandmother was one the first customers to move in.



99-Year-Old D-Day Survivor proving age is just a number

The state of the s

William

Glen

A 99-YEAR-OLD retired plumber has published a fictional book and an autobiography from the comfort of Bield's Carntyne Gardens in Glasgow.

William Glen, who writes under the ghost name Glen Williams, discovered his love for writing after attending writing classes in his retirement.

The first book penned is called 'After the Panic', and tells a fictional story of a disagreement between South American drug barons which leads to a bomb being left on a busy cruise ship.

The ship's passengers are all evacuated except three - none of whom know one another. The novel follows the tales of the stranded passengers who are accidentally left behind.

The veteran who will celebrate his 100th birthday in May said: "I worked as a plumber, so exploring my creative side isn't something I ever had much of a chance to do.

"In writing classes, I would usual write short, creative pieces - never before have I written anything as big as this so it's certainly a big achievement for me."

Mr Glen's second book, 'Single File', is a personal memoir of his contribution to the Normandy landings.

He added: "The book is about my own experience during the Normandy landings. It was pretty rough – we were in action and fighting for two days when both of my legs were wounded by a mortar bomb.

"Tthe thing about the army, you're all good friends but you know nothing about each others social lives."

Mr Glen has unexpectedly found himself to be a media sensation after he penned his first book at the age of 96.

The books are available on Amazon and Kindle.

Looking back on the years

In 1989, just 2 weeks before Christmas, I was delighted to view 4 Dalriada Grove, & moved in soon after. I loved the layout of the flat & the uninterrupted view of the River Clyde.

We were all new tenants to the complex and also all from the same locality which was very lucky. This, together with the shared lounge at Dalriada, made it easy for us to become friends.

We quickly began organising social events and organised

dinners such as Burns Suppers, drama and singing evenings, keep fit, blanket making for charity and needlework sessions. Our social life revolved around the lounge and it was actually at one of the Burns Suppers that I met my second husband!



We celebrated everything in the lounge, from 21 years of Bield Housing together to my 90th birthday with my family and neighbours. I'm really looking forward to doing the same on my hundredth!

Sadly it has not been the same this year because of the pandemic but I have still been able to enjoy the lovely views from my window & walks round the grounds of the complex. I am sure it will return to the good old days soon.



Events & happy memories

Russian Medal for War Hero Alex

Surprised tenants at an
Edinburgh retirement housing
development have been paid
a visit by Vladimir Putin's top
diplomat in Scotland, armed with
a prestigious war medal and a
large bottle of Russian vodka – to
award a long standing customer.

Alex Ramsay was part of the 1944 Arctic Convoy – a treacherous mission in freezing conditions, to deliver vital supplies to the Soviet Union as they battled the axis powers at the western front.

The veteran of the Merchant Navy was awarded the 'Ushakov Medal' by Andrey Pritsepov, the Russian Consul General who visited Milton Court Retirement Home in Portobello.

Alex said: "I am thrilled to receive another medal for my involvement in the war effort – it gives me a reason to reflect on the time I spent in the merchant navy.

"My main memory of the convoy was the camaraderie and the great team-spirit on the boat – whilst we battled the enduring and bitterly cold weather."

Alex met his wife in the Merchant Navy – and was quickly offered an ultimatum – get married or stay in the Merchant Navy.



Alex became a bus conductor in 1950 before eventually going on to drive buses in and around Edinburgh. He has been a resident at Milton Court since July 2006 and has two children, Christine and Stuart, four grandchildren and four great grandchildren.

A word from our longest serving staff member

All of our staff show tremendous dedication every day to make sure every cog in the Bield machine runs as smoothly and functionally as possible.

One member of our team has been maintaining our high standard of housing longer than any other.

Caroline Simpson has worked at Bield for 36 years, joining the family in 1985 as a cleaner at the then brand new Castlebank Gardens development in Glasgow.

After four years of keeping the development in pristine condition, and doing occasional relief cover in the complex, Caroline accepted a position at the brand new BR24

team, providing around the clock call centre support for Bield's customers as a call advisor.

Caroline said: "I have spent about 32 years at the BR24 team and loved every moment of it.

"I feel extremely fortunate to be in a position to help so many people with their housing and personal problems, I have dealt with so many different characters along the way and worked with a host of fantastic colleagues."

The 61-year-old has seen a vast amount of changes during her three and a half decades with the company.

Caroline added:
"There has been a huge amount of changes since I started with Bield.
For one the call system has become a lot

system has become a lot easier as technology has developed.

"Once we had to learn how to operate four different sets of equipment for processing enquiries. Now everything goes through the one system – it was a real head spinner.

"It is just one of the many things that has changed for the better throughout my time with Bield, and no doubt it will continue to improve over the next 50 years."





Events & happy memories

30 years of friendship in the making and many more to go

Two friends with over 68 years of experience between them reveal how their bond has grown from strength to strength over the decades.

70-year-old Development Manager, Helen Kemp, and 66-year-old Development Manager, Joan Neely, first met at a Bield manager's group meeting in 1988.

The two managers' friendship grew after discovering they both trained as nurses and had a lot in interest in common.

Yet, despite years of friendship, the pair have grown closer than ever over the phone during lockdown.

Helen from Grendon Court in Stirling said: "I first met Joan at a managers meeting that we used to go to at a complex in the rented sector. I think that would have been in 1988.

She's always at the end of the phone for me and that is nice to know. You could say that instead of pen pals we are phone friends!

"We became good friends as we had both trained as nurses and had a lot in common. We

don't socialise outside of work as much as we would like but we meet up for lunch at times and also with other managers.

"Our friendship has got even stronger through this last year with Covid-19. Members of my family have been seriously ill, and Joan's support has been wonderful.

"I can't wait to see her once this is all over."

Joan from Elmwood Court in Bothwell, South Lanarkshire added: "Helen and I gravitated to each other, as we had both trained as nurses, and have families around the same age and working in the private sector.

"We were a very small team and it was nice to chat with someone who was maybe having the same problems as yourself.

"Helen and I have been friends since we met, but I would say that over the last year we have become closer.

The pair highlighted that the best part about their job is meeting people from all walks of life with a variety of personalities passing through the development, from staff to customers to contractors there is always something going on.

Joan added: "I have had so many fond memories over the years with Bield. From Christmas Parties, Garden Parties and Coffee afternoons, but I think my fondest memories are those of the little choir that was started in Elmwood Court.

"We got so much enjoyment and fun out of the choir, and we passed on some of that joy to the customers of not only Elmwood Court, but to neighbouring Bield developments, Woman's Guilds, Bowling Clubs."

Looking back on their time at Bield, the biggest change the friends have witness is technology. Joan shared how much easier it is to keep in touch with other people and departments whilst Helen agreed adding she used to have to write notes to customers by hand and how much productivity increase with the introduction of a typewriter then the computer.



Events & happy memories

Five people from the same family make Bield their home

A FAMILY of 2 generations have shared a relationship with Bield whether that be working, living or volunteering at one of the developments across Scotland.

The story started at Grantsbank in Dunfermline in the 1990's, when assistant manager at the time, Lorna Smith, met Brian Baxter who was a chef at the development, who then went on to marry Lorna's sister. Clare.

Brian and Clare have lived at Greeacre Court in Bannockburn with their two children, Katelyn and Bethan, since April 2004. Bethan (25) worked at Bield at Home, and is now studying Nursing at Stirling qualifying this June whereas Katelyn(18) is studying Music at Ayr and has produced a song about the Bield community and its values.

Clare worked as a volunteer from 2005 at Greenacre Court development before moving into a casual worker role in 2009 when her children went to school. Brian now works as a peripatetic manager meaning he covers all developments across the Central area when required, although he too has held a number of positions within Bield over the years.

Brian and Lorna both left Bield for other pastures but both returned as they felt that they missed being part of the Bield "family" and the values that the company stand for.

Lorna and her husband Bruce moved to MacKenzie Court. Grangemouth in December 2004 with their two boys when Lorna took up the role as development manager. She became a Housing Officer in Fife in 2010 and has since been in the role of Senior Housing officer and now Area Manager in West Lothian. Bruce volunteered at Bield from 2005 -2010 which helped him in his rehabilitation from 2 strokes earlier in 2004. His eyesight began to deteriorate meaning he could no longer assist the tenants with the activities, and is now registered

up a 'men's club' and challenged a development run by another housing provider with dominos and carpet bowls, with the winning development taking home a trophy monthly.

Customers to this day still remember the entertainment and activities Bruce put on over the years, using his activities for their own inspiration when social events were possible.

All four children were brought up with older customers and it has resulted in a special bond where they share stories, experiences and never pass without a chat to this day.

Lorna Smith, Housing Officer, said: "We have had a really positive experience working, living and volunteering for Bield as a family.

"Our children loved growing up with numerous grannies and grandads, and we have lasting relationships with our neighbours who have been there throughout milestone events in our life.

"It has been an amazing 30 years being involved with Bield and we are looking to see the changes and developments that come over the next few years."

Bield would like to thank Lorna and her family for their service contribution to help thousands of older people across Scotland to live happy, independent lives in their own homes. And for sharing this pretty tremendous and unique story.





Growing up in Bield

Stacey spent 12 years between the ages of 6-18 living in developments across the country with her younger sister, and her mother and housing officer, Linda Wilkie, who spent 24 years working for Bield.

The 34-year-old has now gone full circle after joining the team in 2016 and helping tenants at Ochilview Court in Armadale.

Stacey said growing up on a Bield development was an amazing experience, and felt like having multiple grandparents living under the one roof and added: "My mum was a manager at the developments, and back then the manager stayed on site to provide help for any tenants who needed assistance.

"For me and my sister it meant we spent most of our childhood running around the development speaking to all of the tenants each day, it felt like having 30 grandmothers, and 30 grandfathers, it was great.

"Each tenant felt like an extension of our own family and they were intertwined with our lives growing up. At the end of the day these people were our neighbours, and we experienced a lot of personal milestones with them as well as celebrated special holidays. From our birthday parties to having fish supper nights.

"My mum would have me and my sister help serve breakfast rolls during power cuts, make tea and coffee for the tenants, we'd even recite poetry and sing songs.

"We shared so many memories with them, and in many ways it taught me how to interact with people, and how everyone is young at heart.

Events & happy memories

"It was such a unique experience, when all my friends were growing up in their normal houses, I had the privilege of being around so many different characters, with tremendous stories".

After leaving Dean Court at the age of 18, Stacey returned in 2016 and took up a job at Manderson Court for two years before moving to Belgium with her family.

Upon her return, Stacey became the retirement housing assistant at Ochilview Court in November 2020, and has since reflected on how Bield has changed through the years.

Stacey said: "I have been involved with Bield for 28 years, and have seen so many things change in that time.

"Whenever I hear my keys rattle it takes me right back to when my mum used to walk around the developments with her keys in a pocket. When I first started working for Bield my mum and I briefly crossed over: with her finishing up, and I just starting. I had gone full circle.

"Despite the many changes Bield has undergone, the fundamental values and sense of community have always remained.

"Bield are a fantastic organisation to work for and have been so supportive to my family through the years. My grandad is currently living in a development, and my son and daughter have both regularly visited the developments making it four generations of involvement, it's quite surreal.

"Although the job comes with its challenges it is really fulfilling, and I can't wait to see what difference I can make in the future."



Well wishing letters

Manderson Court, Edinburgh

Who would have known 50 years ago that Bield would evolve into what it is today,

A place where residents can maintain their independence while having the support available when required, No conflict of interests, my needs being met on all fronts.

During my six years as being a resident I have witnessed many changes within my complex,

mainly the transfer from Warden based to office manager, no longer do I see things being done in an ad hoc fashion. e.g. clear boundaries, policies, procedures & guidelines are in place in order to co-ordinate the smooth running and clarity for both tenants and staff.

I have watched with some trepidation as a few of the older, long term residents have had to adapt to these changes. My mind not distracted from the services Bield offers, rather they have been enhanced. (Clarity on all fronts)

LANG MAY YER LUM REEK

PS My thanks to all staff and management for attaining your goals in all ever evolving world!

By Mrs Wilma Sutherland



CONGRATULATIONS BIELD ON 50 YEARS

I have been very happy in the 29 years I have

Over the years I have made many friends with and present - it has been a joy to know them, to many more enjoyable years.

I would like to extend every good wish to Bie 50 years and for the future.

Janis McIndoe Campbell

Organs Monaghan 7 Warrick Court

Since moving to Warrick, I have had time
to reflect on the move. I also realised that
it is good to listen to our children.

They could see that I was struggling with
an arthritic hip but I just kept phodoling on.
So when my daughter suggested moving to
sheltered Housing, I said ME? in surpluse.

Mr A Cook 25 Warwick Court Dear Koren. This is just a small Thank you about my time in your Sheltered Adammadator at Warwick Court. I moved in on August 2020, and I have never been happier. The kindness and help I have received from you and Ann has been Phenomenal. When I moved in the flat was spotless clean and the same goes for all the other areas in and around the Housing Accommodation. I really appreciate all the help you gove me when I applied to get my

Accommodation and I wish.
I made the move many
years ago.
I have told many of my
friends and family about
the warm reception that
I have received from all
the Staff.

Xours sincerely



It washes a definer larry food made and delived to you I find the field very good. Its good to have people the staff are very him Its good to have people are a hickory up on you in the morning and also are a hickory up on you in the morning and also I enjoyed the Dings and concerts very much and hope we will got lack born begand the friend whit with some of other.

I WAS A REGULAR JISTOR AT GLEPE PETUN.

ONE FIRM, WE HAD A LOT OF LOCAL LADIES THEN ALL GOT ON WELL MOST KNEW EACH OTHER, UNCE A MONTH ON A MONDAY THERE WAS ALWAYS SOMETHING GOING ON IN THE LOUNGE,
ENTERTAINMENT & DEMONSTATORS WITH SUBJECTS OF INTEREST THERE, ME, ME SPEIRS CERTAINLY RUN A GOOD SHIP RUSRY TOOD THOUGHT ABOUT MOUING HERE, THIS IS WHY I NEVER GAVE IT A MOUGHT ABOUT MOUING IN HERE AS I HAD WITNESSED OVER HAPPY HERE STAFF WORK WERY BODY HERE WERE, I'M VERY THIS IS HOME!

A. GUTHRIE

Over 50 years ago my friend lived in West Calder Main Street.

In the Summer Months we would go for a walk and we sometimes passed a building sile new Skwort Court.

All the guys would have there shirts off and would.

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We walked past quite a lot and got to know some of the we walked past quite a lot and got to know some of the we walked past quite a lot and got to know some of the we walked past quite a lot and got to know some of the work of them who ships a later became my husband. We mented in 5 years later became my husband when ton to have 3 children sharp of met my husband at Stewart Court.

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Agnes Gifford.



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Anniversary Messages



Birthday cake

A homemade birthday cake is treat that will be remembered for the love and effort you put in. This easy birthday cake recipe requires less effort than most, but still looks fun and impressive.

Ingredients

For the cake

- 225g/8oz unsalted butter, softened, plus extra for greasing
- 225g/8oz caster sugar
- 4 free-range eggs
- 1 tsp vanilla extract
- 225g/8oz self-raising flour
- For the buttercream
- 225g/8oz icing sugar
- 110g/4oz unsalted butter, softened
- 1 tsp vanilla extract
- 1 tbsp milk

For the decoration

 Assorted biscuits, meringues, sweets, sprinkles and chocolates

Preparation time: less than 30 mins Cooking time: 10 to 30 mins Serves: 10 Dietary: Vegetarian beat until light and fluff icing sugar then beat in milk. Place one of the cakes board or stand. Using a spread half the icing or the cake, then place the Spread the remaining is cake, creating a swirly pyour choice of sprinkle chocolates.

Method

Preheat the oven to 180C/160C Fan/Gas 4. Using a piece of kitchen paper, grease 2 x 20cm/8in round cake tins with butter. Line the bottom of the tins with a circle of baking paper.

In a large bowl, cream together the butter and sugar using an electric mixer until the mixture is pale and fluffy.

Beat in the eggs one at a time, mixing until the egg is completely incorporated into the batter before adding the next. Add a tablespoon of flour if the mixture curdles. Mix in the vanilla extract.

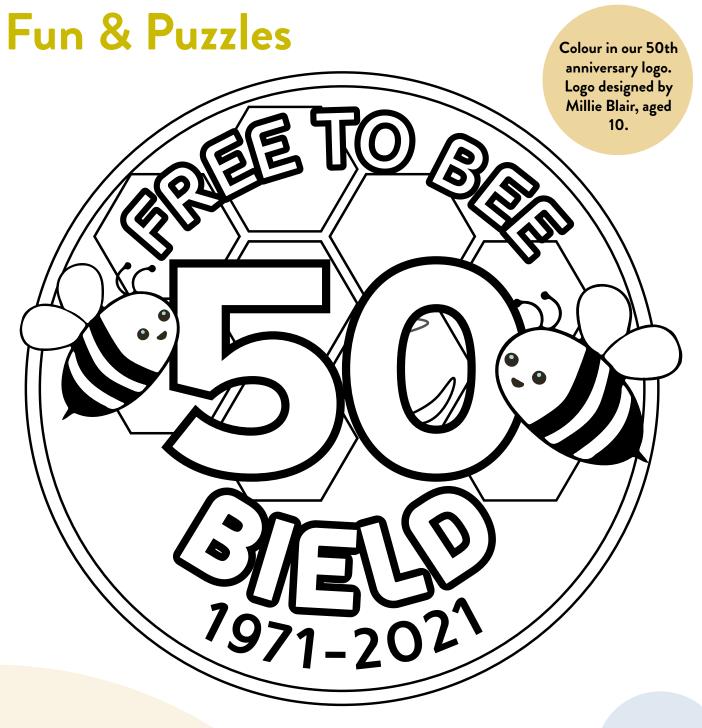
Fold in the flour using a large metal spoon until no traces of flour are visible. Spoon the mixture into the prepared cake tins, spreading evenly with a spatula. Make a slight dip in the centre with the tip of the spatula if you don't want the cake to be domed in the middle.

Bake for 25 minutes, or until the cakes spring back when the centre is pressed gently with a finger.

Remove from the oven and take the cakes out of the tins after about 10 minutes. Place the cakes on a wire rack to cool completely.

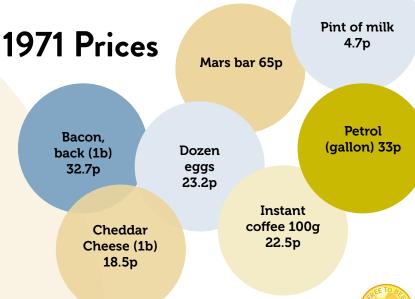
To make the buttercream icing, sift half the icing sugar into a bowl with the softened butter and beat until light and fluffy. Beat in the remaining icing sugar then beat in the vanilla extract and the milk

Place one of the cakes upside down onto a cake board or stand. Using a palette knife or spatula, spread half the icing onto the bottom layer of the cake, then place the second layer on top. Spread the remaining icing on the top of the cake, creating a swirly pattern. Decorate with your choice of sprinkles, biscuits, sweets and chocolates.



1971 Facts

- The Prime Minister was Edward Heath
- On 15th February 1971-Decimalisation of British coinage
- 2nd January 1971 Ibrox disaster, It was an old firm game(66 deaths-200 injuries)
- Movies Dirty Harry, Diamonds are forever, Dad's Army



Fun & Puzzles

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