

VOLUNTEER ROLE OUTLINE

Volunteer Title: Social Activities Volunteer

Responsible to: Local Development Manager

Volunteer role: As a Social Activities Volunteer you can help reduce isolation and loneliness by supporting older people in a variety of different ways. Here are some ways you can help:

- Support a group of older people to organise a range of social activities in the communal lounge
- Visit someone in their own home
- Offer companionship by helping an older person to go out and about in the local community
- Help an older person learn new IT skills
- Help a group of older people to develop gardening skills

What we require: No qualifications are necessary. We are looking for volunteers who are interested in working with older people; have good communication skills including a level of verbal English to be able to communicate effectively with tenants/residents; are able to undertake tasks unsupervised and within Bield's policies and procedures, and are reliable and willing to work as part of a team. The minimum age for volunteering is 16 years old.

All volunteers must undertake a Protecting Vulnerable Groups (PVG) Disclosure check. There is no cost to the volunteer.

When: We generally ask for a weekly, fortnight or monthly commitment, but sometimes we need volunteers who can help at special events or at set periods throughout the year (eg college holidays or term-time). Reliability is very important to us but we will try to be as flexible as we can.

Induction and training: All volunteers attend an induction day to learn about Bield's values, older people issues and your volunteering role. We also need you undertake e-learning and receive a local induction into your place of volunteering and the tasks involved. Other training may be required depending on the tasks you undertake.

Support: You will have a named line manager who will offer you ongoing support. You will also have support from the Volunteer Team, as well as the option to attend group sessions and social gatherings.

Benefits: You will gain valuable experience, learn new skills, meet new people, have fun and contribute to your local community. You can also request a written reference. There is no cost to you and all out-of-pocket expenses will be reimbursed.

About Bield: Bield is a not for profit organisation, Scottish Charity and Registered Social Landlord. For over 40 years we have been developing Housing and Services to enable Scotland's older people to have the freedom to make their own choices and be free to live as independently as possible. We can achieve this thanks to the experience, dedication and passion of our staff and volunteers.